

## Children and Families Served at This Center

**162** Head Start children were enrolled at this center during the past year:

**44** were 0 - 3    **58** were 3    **58** were 4    **2** were 5 and older

**42%** of Head Start families served were one-parent families.

**23%** of families whose primary language is not English were served.

### Area Demographics

**15%** of children in Dunn County are living below poverty

*(per 2010 Kids Count Data Center)*

This center serves children from the following school districts. The percentage of low-income children in each school district is the percent of free lunch recipients. Total number of Head Start children enrolled (ages 3-5) are listed below:

School Districts	% of Low-Income	Total Enrolled
Boyceville	39%	1
Colfax	34%	2
Durand	29%	3
Elk Mound	28%	1
Menomonie	37%	111

*(Low-income statistics provided by DPI's Enrollment & Participation Report, 2010-2011 Data; Total enrolled statistics provided by Child Plus).*

For **MORE** information on the Head Start Program in this community contact:

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Or contact our Central Office in Turtle Lake at (715) 986-2020

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**Menomonie Head Start**



**Birth to**  
**Program 5**

*Including an Innovative PreK-4 Collaboration with Menomonie School District*

Reporting Period

09/01/10 through 08/31/11

Demonstrating

Early Education and

Family Development Success

**Head Start** is a federally-funded preschool and family development program for low-income children three to five years of age with Early Head Start serving pregnant women and children up to three years old. It encourages the growth and development of children and parents through socialization and classroom experiences along with home visits. All services are provided at no cost to eligible children, families, and the local community. In Barron and Dunn counties, a School Age Parent Program (SAPP), is offered for families still in high school.

**EDUCATION:** Head Start provides comprehensive individualized educational programming for prenatal through age five. Learning opportunities are provided to children and families in the areas of language, science, math, physical development, creative arts, literacy, and social emotional development. Three to five year old children attend classes 128 days per year, for 3 1/2 hours each day, or in a combination of classroom/home visit option. Early Head Start offers four home visits and two socializations per month, and the School Age Parent Program (SAPP) offers two home visits per month, and two group socializations for children and families per month.

**FAMILY SERVICES:** Family Services include: home visits and home activities which help parents enhance their skills, help in obtaining needed social services through referral to local agencies, and encourage parents' direct involvement in program planning, program decisions, and operations.

**HEALTH:** The Head Start Program is designed to help children receive a healthy start in life by monitoring their growth and development, recommended medical and dental screenings, and other health assessments.

**NUTRITION:** A nutritious breakfast and a snack or lunch are provided in the a.m. Lunch and a snack are provided in the p.m. to all children each day. The meals are at no cost. Nutrition education is also provided for children and families.

**TRANSPORTATION:** Pickup and delivery, door-to-door, in state-licensed, mini school buses operated by commercially licensed drivers is provided where possible.

**MENTAL HEALTH / DISABILITY:** Head Start utilizes a comprehensive, multi-disciplinary team approach to support mental health and disability services to children. This occurs through direct observation by mental health consultants, referrals to community resources, and individual success team plans for children and families.

**PARENT INVOLVEMENT/PARENT'S ROLE IN DECISION MAKING:** Parents are actively involved in the full operation of the Head Start Program by their involvement in center committee meetings, the program's Policy Council, and volunteering in the classroom and on program committees.

## Head Start as a Community Business



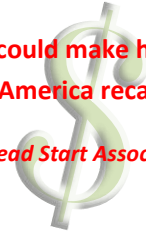
**\$34,710.40** was spent locally for food.

**\$ 9,793.41** was spent locally to fuel our buses.

**\$79,113.78** was spent for facility rent and utility costs.

**Head Start generates a Return On Investment (ROI) that could make hedge fund managers envious. For every \$1 invested in Head Start, America recaps a ROI ranging from \$7 to \$9.**

*~National Head Start Association*



## Community Service

Each center's parent group is encouraged to select community service projects to support. The parents at this Head Start center completed the following community service activity:

- ◆ Collected box tops and milk caps for River Heights Elementary
- ◆ Collected plastic caps to recycle at Aveda

## Community Partnerships

The following are some of the community partners who have provided direct support to this center this past school year:

- |   |  |
|---|--|
| ◆ Chippewa Water                              | ◆ Pepin County Early Childhood & B-3     |
| ◆ CVTC - Student Teachers                     | ◆ Pizza Hut                              |
| ◆ Downsville Post Office                      | ◆ Plum City Elementary                   |
| ◆ Drug Endangered Children Coalition          | ◆ Positive Alternatives                  |
| ◆ Dunn & Pepin County Birth-to-Three Programs | ◆ RIF Book Program                       |
| ◆ Dunn County Assn for Home & Community Ed.   | ◆ River Falls Student Teachers & Interns |
| ◆ Dunn County Partnership for Youth           | ◆ Rural Dental Health                    |
| ◆ Dunn County Public Health Department        | ◆ Safe Kid's Day                         |
| ◆ Dunn County Tobacco Free Coalition          | ◆ Title I Programs                       |
| ◆ Dunn County Sheriff's Department            | ◆ United Way                             |
| ◆ Family Resource Center                      | ◆ UW Extension                           |
| ◆ Harmony Center                              | ◆ UW Stout Student Teachers /Interns     |
| ◆ Interfaith Food Pantry                      | ◆ UW Stout Volunteers                    |
| ◆ Lammers                                     | ◆ Wal-Mart Dist./Super Store             |
| ◆ Marketplace                                 | ◆ WIC—Dunn/Pepin/Pierce Co.              |
| ◆ McDonalds                                   |  |
| ◆ Menomonie Early Childhood                   |  |
| ◆ Menomonie Fire Department                   |  |
| ◆ Menomonie Police Department                 |  |
| ◆ Menomonie Public Library                    |  |
| ◆ Menomonie Recreation Department             |  |

## Family Participation

- **4** Family Workshop activities were held at this center this past year.
- **115** Family Service activities (education, support services including referrals to obtain food, shelter, or emergency/crisis intervention) were provided.

## Child and Family Literacy

Families are provided “*Busy Bees*” literacy folders which contain parent /child interactive literacy projects to complete.

- **100%** families actively participated in literacy (*Busy Bees* activities).
- **5** EHS and **3** HS books were given to each child through the Reading Is Fundamental Program (RIF).
- **8** Books were given to each Head Start PreK-4, or 4-Day Week child through the community’s Book Worm’s Project®.

**Children with Disabilities** – Head Start Regulations require that at least ten percent of the total number of Head Start enrollment opportunities must be made available to children with disabilities. The Head Start Program works closely with local public school districts (ages 3 – 5) and the county Birth to Three Program (ages 0 – 3) to determine eligible children with special needs.

## Special Center Highlights

- **8** employees are current or past Head Start parents of our **29** employees
- **42** children 0-3 can be enrolled at this center at one time.
- **102** children 3-5 can be enrolled at this center at one time.
- **13** children were on a waiting list because all slots at the center were filled.

## Early Head Start Education Outcomes

Ages  
**Birth to 3**

Parents come with their children one day per week. During this time, they observe their children learning new things and interacting with other parents and staff. There are seven goals which are addressed during these observations: helping children learn about themselves and others, exploring their feelings and communicating with others, how their body moves, thinking skills, and learning about the world around them. At the end of each goal related learning opportunity, parents are surveyed which serves as one outcome measurement for both child and parent.

### Early Education Parent Survey Outcomes

The percent of parents who report that they acquired new knowledge about how their children.....

- Learn about themselves - 85%
- Learn about their feelings - 71%
- Learn about others - 76%
- Learn to communicate with other children - 85%
- Learn about movement - 76%
- Develop new skills - 97%
- Explore their world - 82%



The Menomonie School District is actively participating in a Community Based PreK-4 Collaboration with Head Start. The District contracts with Head Start for expanded services for Head Start children above and beyond what Head Start alone is funded to provide.

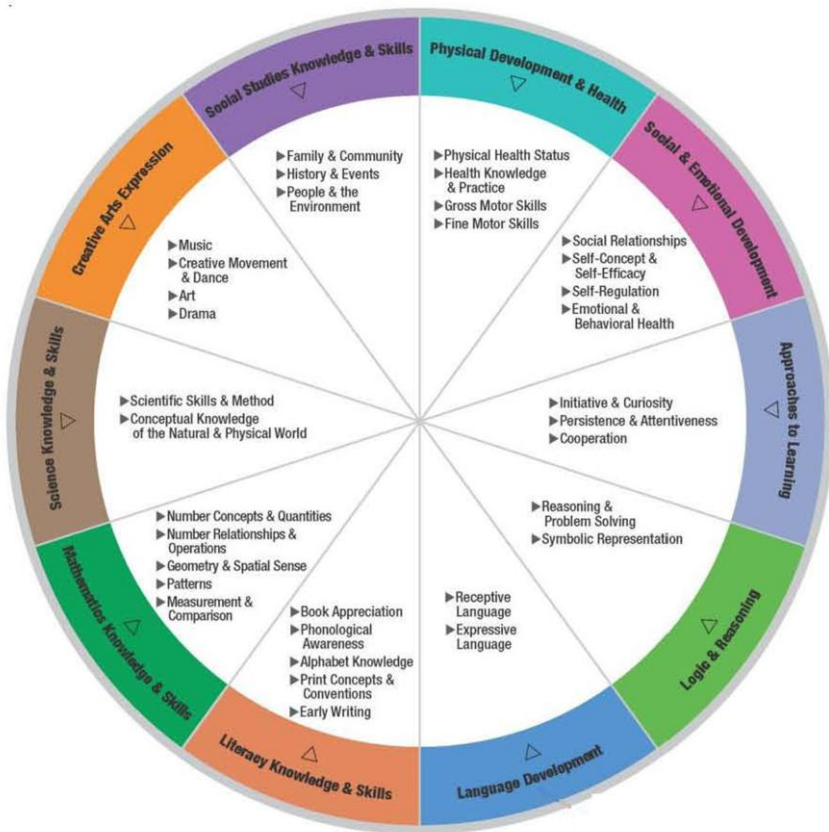
The Head Start 4K children receive more classroom days of contact, which follows the school district calendar, and they also participate in a summer educational experience. District funds are also used to provide additional classroom materials and professional development opportunities.

The summary of the findings of the National Head Start Impact Study demonstrated children participating in Head Start had better skills in aspects of pre-reading and pre-writing, more access to dental care, better overall physical health, less hyperactivity, fewer behavior problems, and benefited from better parenting (more frequent reading to children and lower rates of corporal punishment - etc.)

*Information provided by Society for Research in Child Development*

# Educational Outcomes - Early Childhood Education (ages 3-5)

## The Head Start Child Development and Early Learning Framework



The ten domains above apply to all 3-5 year old children, including children with a diagnosed disability. English Language Development, applies only to children who are dual language learners (DLLs).

Percentages below reflect who met or exceeded expected child development outcomes of the 109 children assessed at the center.

Social/Emotional.....	87%	Cognitive.....	94%
Physical – Gross.....	94%	Literacy.....	94%
Physical – Fine.....	96%	Math.....	79%
Language Development.....	86%		

\*Creative Arts, Science, and Social Studies are integrated throughout the Curriculum.

## Health Outcomes

0-3	3-5 years
<b>96%</b>	<b>94%</b> of children were up-to-date on a schedule of age-appropriate preventive and primary health care assessments.
<b>9%</b>	<b>17%</b> of children were diagnosed as needing further treatment.
<b>75%</b>	<b>100%</b> of children (identified needing treatment) received or were receiving treatment.
<b>95%</b>	<b>100%</b> of children were up-to-date on all immunizations;
	<b>96%</b> of children completed a professional dental exam in the last 12 months.

*(From the Program's Federal End of Year Report)*

## Nutrition Outcomes

The CESA #11 Head Start Nutrition Program receives Federal Child Care Nutrition funds to provide a nutrition safety net for children participating in the program.

- At this center **21,118** well-balanced meals using USDA guidelines were prepared and provided to **162** enrolled children during the 2010 - 2011 school year.

## Family Outcomes

0-3	3-5 years
<b>96%</b>	<b>97%</b> reported that Head Start assisted families to accomplish and pursue their life goals.
<b>% reported that Head Start provided information and support regarding:</b>	
<b>100%</b>	<b>97%</b> child development
<b>96%</b>	<b>100%</b> community resources
<b>92%</b>	<b>97%</b> health and dental health
<b>92%</b>	<b>63%</b> mental health
<b>75%</b>	<b>50%</b> disabilities
<b>58%</b>	<b>56%</b> of Head Start families reported that their biggest stressor this year was financial.

*("of the surveys returned from the parents")*